



## Healthy People, Strong Communities

Providing people the confidence and support needed to build a vibrant community.

### Adjustment to Vision Loss

**CNIB**  
Ensures that individuals who are blind or partially sighted have the Vision Rehabilitation Services, resource information, advocacy and emotional support necessary to adjust to their vision loss and engage in appropriate CNIB and community programs.  
P: 1-800-563-2642 Inv.: \$25,000.00

### Chatham-Kent Non-Profit Network

Engages with and advocates for nonprofit organizations that work for the public benefit in Chatham-Kent.  
P: 519-354-0430 Inv.: \$76,200.00

### Community Outreach

**Chatham-Kent Block Parent Program, Inc.**  
A range of prevention based collaborations to increase community's well-being in regards to safety awareness and injury prevention.  
P: 519-354-0430 Inv.: \$7,000.00

### Counselling Services

**Family Service Kent**  
Provides affordable, professional counselling services for children, youth and adults, where an emotional, relationship or family difficulty is compromising healthy functioning and quality of life.  
P: 519-354-6221 Inv.: \$108,000.00

### Education Outreach

**Epilepsy Southwestern Ontario**  
Provides seizure education and first-aid training to individuals with epilepsy and seizure disorders, their families, and their community support networks.  
P: 519-365-5131 Inv.: \$18,000.00

### Exercise Program

**New Beginnings, ABI & Stroke Recovery Association**  
Members participate in a structured exercise program where they can measure and provide proof of their enhancements. They work one-on-one and in group activities with all participants in order to help them regain independence in their daily lives.  
P: 519-351-0297 Inv.: \$14,100.00

### Hearing Care Counselling

**Canadian Hearing Society**  
Provides communication and hearing support services to individuals with an acquired hearing loss, to enable them to carry out daily living activities independently and with reduced communication difficulties.  
P: 1-844-253-7241 Inv.: \$15,000.00

### Information and Referral

**211**  
Information and Referral helps people find resources and supports and to make informed choices when dealing with health and social issues in their lives. Information Chatham-Kent is also the data provider for Ontario 211 for our community.  
P: 519-354-0430 Inv.: \$128,015.00

### Labour Programs & Services

**Labour Community Advocacy Program**  
is offered on an annual basis to Union members who provide social service information to their members in the workplace. Each advocate is trained as a resource for Union members and the Union itself.  
P: 519-628-5456 Inv.: \$44,728.00

### Registrar and Volunteer Engagement

**Chatham-Kent Block Parent Program, Inc.**  
Provides police-screened volunteers of easily-recognizable homes and businesses the opportunity to provide immediate assistance to those in distress.  
P: 519-354-0430 Inv.: \$12,500.00

### "The 425" Centre for Community Innovation

A resource centre that houses United Way and up to eight nonprofit and local government partners. All revenue is reinvested in community building initiatives.  
P: 519-354-0430 Inv.: \$119,445.00

### Volunteer Chatham-Kent

Matches people with identified talents and skills with non-profit organizations to help them achieve their vital missions. Potential volunteers are interviewed and screened according to the "ten safe steps" and then placed with the appropriate agency/organization.  
P: 519-354-0430 Inv.: \$21,476.00

### Women's Leadership Council

Provides grants and other supports to improve the lives of women and their families in vulnerable situations.  
P: 519-354-0430 Inv.: \$65,732.00

## All That Kids Can Be

Encouraging children and youth to reach their full potential.

### Autism Transitional Classroom

**Chatham-Kent Children's Services**  
Aims to help educators teach children with Autism Spectrum disorders by providing temporary, but very intensive supports to adapt and apply the special education strategies in the least intrusive environment possible.  
P: 519-352-0440 Inv.: \$31,250.00

### Beyond the Bell

**YMCAs across Southwestern Ontario**  
The academic-based program helps to close the achievement gap experienced by low-income children, compared to their middle-class classmates.  
P: 519-360-9622 Inv.: \$15,000.00

### Drop-In Program

**Dresden Sidestreets Youth Centre**  
A place where youth, aged 7 to 18, can go to feel wanted, encouraged, motivated, and be involved and productive members of their community.  
P: 519-683-2153 Inv.: \$15,000.00

### Drop-In Program

**The Solid Rock Café Youth Centre**  
Designed to involve youth in productive activities and interactions that build self-esteem and positive outcomes. Nightly activities minimize the risks of youth getting into trouble or causing havoc as a result of idle hands.  
P: 519-682-0625 Inv.: \$33,500.00

### Educational Programming

**Chatham-Kent Block Parent Program, Inc.**  
Helps children in our schools and community to be protected from predators, luring, bullying, exploitation and general distresses.  
P: 519-354-0430 Inv.: \$10,600.00

### Go Girls/Game ON

**Big Brothers Big Sisters of Chatham-Kent**  
Group programs, generally delivered in schools for girls and boys ages 9-14, which focus on teaching the importance of healthy bodies/healthy minds.  
P: 519-351-1582 Inv.: \$79,200.00

### Healthy Youth Relationship Program

**Chatham-Kent Women's Centre, Inc.**  
Provides teens 14-18 with information and peer support to distinguish the difference between healthy and unhealthy relationships and develop communication and coping strategies and how to access supports.  
P: 519-351-9144 Inv.: \$20,000.00

### Kids Circle

**Erie St. Clair VON Program, Inc.**  
Provides support for children and teens, in one-on-one and group settings, who are experiencing a life-threatening illness themselves or that of a loved one, as well as other experiences of bereavement.  
P: 519-352-4462 Inv.: \$57,200.00

### Operation BackPacks

This Good Neighbours program provides backpacks filled with grade appropriate school supplies for families and children in need.  
P: 519-354-0430 Inv.: \$33,416.00

### Positive Strides

**Restorative Justice**  
An intervention/education program for either youth in the Pre-Charge Diversion (Conferencing) Program or at-risk youth.  
P: 519-380-0931 Inv.: \$26,400.00

### Preventative Education

**CMHA Lambton-Kent**  
Aims to empower youth in Chatham-Kent to develop and maintain good mental health and advocate for and foster a community free from violence and discrimination due to mental illness.  
P: 519-436-6100 Inv.: \$22,000.00

### Social Skills

**Learning Disabilities Association of Chatham-Kent**  
Teaches elementary aged children, who deal with impulsivity, distractibility, inattention and the inability to read and interpret social cues, how to manage situations in their everyday lives through games, role playing and modeling behavior.  
P: 519-352-2024 Inv.: \$22,000.00

### Tutoring

**Learning Disabilities Association of Chatham-Kent**  
Provides one-on-one assistance to struggling students.  
P: 519-352-2024 Inv.: \$52,800.00

## From Poverty to Possibility

Helping families and individuals receive the basic necessities of daily living.

### Foodbank

The Tilbury Information and HELP Centre's Food Bank distributes food to individuals and families who have difficulty purchasing enough food to avoid hunger as a result of job loss, illness, or other increasing costs.  
P: 519-682-2268 Inv.: \$51,587.00

### Student Nutrition Program

Aims to ensure that all children have access to healthy, nutritious food every school day, regardless of socioeconomic background or situation.  
P: 519-352-7270 Inv.: \$24,000.00

Legend  
P - Phone Number  
Inv. - Investment made in 2017-2018

Thank you, Chatham-Kent! Together we are improving lives and building community.

[www.uwock.ca](http://www.uwock.ca)

**Chatham**  
425 McNaughton Avenue West  
Chatham, ON N7M 5K8  
P: 519-354-0430

**Tilbury**  
20 Queen Street West  
Tilbury, ON N0P 2L0  
P: 519-682-2268

**Wallaceburg**  
152 Duncan Street  
Wallaceburg, ON N8A 4E2  
P: 519-628-5456